

**ETHICAL CLEARANCE LETTER**  
Surat Kelaikan Etik  
No. 5218/B.2/KEPK-FKUMS/III/2024

**Komisi Etik Penelitian Kesehatan (KEPK) FK UMS, setelah menelaah rancangan penelitian yang diusulkan menyatakan bahwa:**  
*Health Research Ethics Committee Faculty of medicine of Universitas Muhammadiyah Surakarta, after reviewing the research design, state that:*

**Penelitian dengan judul:**  
*The research proposal with topic:*

**PENGARUH SENAM YOGA TERHADAP TEKanan DARAH PADA LANSIA PENDERITA HIPERTENSI**

**Peneliti:**  
*The researcher:*

Nama/ Name : **Nurul Fithriati Haritsah, Ftr,M.Kes**  
Alamat/ Address : Begalon RT 02 RW 04 Panularan, Laweyan, Surakarta  
Institusi/ Institution : POLITEKNIK KESEHATAN KEMENTERIAN KESEHATAN

**Telah memenuhi deklarasi Helsinki 1975, Council for International Organizations of Medical Sciences (CIOMS) dan World Health Organization (WHO) 2016**  
*Has met the declaration of Helsinki 1975, Council for International Organizations of Medical Sciences (CIOMS) and World Health Organization (WHO) 2016*

**dan dinyatakan lolos etik**  
*and ethically approved*

Surakarta, 30 Maret 2024  
Ketua/Chairman,  
  
Prof. Dr. dr. EM. Sutrisna, M,Kes.