

ETHICAL CLEARANCE LETTER

Surat Kelaikan Etik

No. 5891/B.1/KEPK-FKUMS/XI/2025

Komisi Etik Penelitian Kesehatan (KEPK) FK UMS, setelah menelaah rancangan penelitian yang diusulkan menyatakan bahwa:

Health Research Ethics Committee Faculty of medicine of Universitas Muhammadiyah Surakarta, after reviewing the research design, state that:

Penelitian dengan judul:

The research proposal with topic:

Pengaruh Terapi Relaksasi Otot Progresif terhadap Tingkat Kecemasan pada Penderita Diabetes Mellitus

Peneliti:

The researcher:

Nama/ Name : **Zaki Qothrunnada Hamdani Syah Suprapti**

Alamat/ Address : 04/02 Desa Cepoko, Kec.Panekan, Kab. Magetan, Jawa Timur

Institusi/ Institution : Universitas Muhammadiyah Surakarta

Telah memenuhi deklarasi Helsinki 1975, Council for International Organizations of Medical Sciences (CIOMS) dan World Health Organization (WHO) 2016

Has met the declaration of Helsinki 1975, Council for International Organizations of Medical Sciences (CIOMS) and World Health Organization (WHO) 2016

dan dinyatakan lolos etik

and ethically approved

Surakarta, 14 November 2025

Ketua/Chairman,



Prof. Dr. dr. EM. Sutrisna, M,Kes.