

**ETHICAL CLEARANCE LETTER**

Surat Kelaikan Etik

No. 5833/B.1/KEPK-FKUMS/X/2025

**Komisi Etik Penelitian Kesehatan (KEPK) FK UMS, setelah menelaah rancangan penelitian yang diusulkan menyatakan bahwa:**

*Health Research Ethics Committee Faculty of medicine of Universitas Muhammadiyah Surakarta, after reviewing the research design, state that:*

**Penelitian dengan judul:**

*The research proposal with topic:*

**“EFEKTIVITAS SELF MANAGEMENT THERAPY BERBASIS CBT UNTUK MENURUNKAN ADIKSI GAME ONLINE PADA DEWASA AWAL”**

**Peneliti:**

*The researcher:*

Nama/ Name : **Mohamad Ikhsan Dwi Putra**

Alamat/ Address : Jalan Suryalaya III no 19 Kota Bandung

Institusi/ Institution : Universitas Islam Bandung

**Telah memenuhi deklarasi Helsinki 1975, Council for International Organizations of Medical Sciences (CIOMS) dan World Health Organization (WHO) 2016**

*Has met the declaration of Helsinki 1975, Council for International Organizations of Medical Sciences (CIOMS) and World Health Organization (WHO) 2016*

**dan dinyatakan lolos etik**

*and ethically approved*

Surakarta, 14 Oktober 2025

Ketua/Chairman,



**Prof. Dr. dr. EM. Sutrisna, M,Kes.**